

A Menu Change

We have recently made an effort to increase the nutritional value of the food we serve from the bus each week. Hotdogs have been replaced by healthier sandwich and bagel choices. The hearty vegetable soup that we make continues to be popular and is an excellent source of nutrition for children and adults.

15th Annual Christmas Eve Outreach

We are now making preparations for our 15th annual Christmas Eve Outreach. It is another opportunity to reach out in a practical way to those in need. For the past fourteen years, on Christmas Eve, we have been able to distribute over one thousand individual turkey dinners as well as desserts and gifts to needy families in three areas of the Halifax Regional Municipality. We appreciate the help we have received from companies, churches, service clubs, foundations and individuals.

This year rather than preparing individual turkey dinners, our focus will be to distribute Christmas Dinner packages to families. Each package, based on a family of four, will include all the essentials for a complete turkey dinner - a 2 lb. portion of turkey, vegetables, dressing/gravy, rolls and an apple pie. We hope to assemble enough packages for 300 needy families.

In the past we have asked for new children's winter accessories - hats, mitts, etc. If you have already planned to donate these items, we will gladly accept them. However, this year we are in need of a good supply of new socks for all ages including adults. Donations of adult winter gloves are also needed.

If you are interested in making a financial donation towards the Christmas Eve Outreach - there are two ways that you can help. A donation of \$15.00 will provide one family with a Christmas Dinner package. Donations of \$4.00 will provide a child with a small gift bag.

It would be helpful if all donations were received by December 11th. This would allow us the time needed to organize the gifts and dinner packages for distribution on Christmas Eve.

Thank you for giving your consideration to this worthwhile project.

In His Service,

Rob & Sandra Pattison

**The rich and the poor have a common bond, The Lord is the maker of them all.
Proverbs 22:2**